



Watch THIS.....





# Congratulations



**62% of large companies**

have recruited employees with a BTEC qualification.

*Source: YouGov® research (Large Businesses, Feb 2011)*

The **percentage of students entering university holding a BTEC has risen** from 24.9% in 2014 to **26.0%** in 2015

*Source: UCAS Progression Pathways - Jan 2016*



**4 out of 5 BTEC students** now in employment consider their BTEC as an **important step** towards their desired job.

*Source: Further independent research from London Economics, 2010*



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★  
Careers

## Future employment

- PE teaching,
- athlete development,
- professional sport,
- leisure Centre management,
- sports development,
- sports coaching,
- health and lifestyle management,
- personal training,
- nutrition,
- sports injury rehabilitation.

BUT - BTEC sport develops characteristics that EVERY employer would relish it's employees to have!!

## Course Structure

### Extended Certificate in Sport (360 GLH)

QAN	601/7218/6
Equivalent in size to	1 A Level
Total number of Units	4
Aim	To provide a coherent introduction to study of the sport sector, as part of a two-year programme, normally in conjunction with one or more qualifications at level 3.
Progression to	Higher education as part of a study programme which includes other vocational or general subjects.
Optional unit choices	4. Sports Leadership 5. Application of Fitness Testing 6. Sports Psychology 7. Practical Sports Performance

Applied General Qualification

#### 3 MANDATORY UNITS

**Mandatory Units -**  
Learners complete and achieve all units

1. Anatomy and Physiology (120 GLH) ★

2. Fitness Training and Programming for Health, Sport and Well-being (120 GLH) ★ S

3. Professional Development in the Sports Industry (60 GLH) ★ E

Learners complete  
**1 Optional Unit**

## Diploma in Sport (720 GLH)

QAN	
Equivalent in size to	2 A Levels
Total number of Units	9
Aim	To provide a strong base of sector study specifically within the coaching and sport sector.
Progression to	Higher education as part of a study programme which includes other vocational or general subjects.
Optional unit choices	5. Application of Fitness Testing 6. Sports Psychology 7. Practical Sports Performance 8. Coaching for Performance 9. Research Methods in Sport 10. Sports Event Organisation 11. Research Project in Sport 17. Sports Injury Management <ul style="list-style-type: none"> <li>• Principles and Practices for Outdoor and Adventurous Activities</li> <li>• Land Based Skills for Outdoor Adventure</li> <li>• Water Based Skills for Outdoor Adventure</li> <li>• Sports Performance Analysis</li> <li>• Rules, Regulations and Officiating in Sport</li> <li>• Technical and Tactical Demands of Sport</li> </ul>

Applied General\*\*

### 6 MANDATORY UNITS

**Mandatory Units –**  
Learners complete and achieve all units

1. Anatomy and Physiology (120 GLH)

2. Fitness Training and Programming for Health, Sport and Well-being (120 GLH)

22. Investigating Business in Sport and Active Leisure (90 GLH)

3. Professional Development in the Sports Industry (60 GLH)

4. Sports Leadership (60 GLH)

23. Acquiring Skill in Sport (90 GLH)

Learners complete  
**3 Optional Units**

*Scheduled first teaching:*  
September 2017

# How you are assessed

## Types of assessment

**Assignment** - Set and marked internally

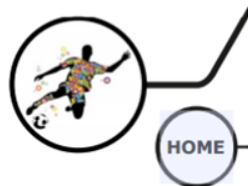
**Task** - Set and marked by Pearson

**Written exam** - Set and marked by Pearson

# What assessment, What unit

## Written Exams

Written exams take a practical approach to testing essential knowledge in test conditions.



**Unit 1: Anatomy and Physiology,** students are required to sit a 1 hour 30 minute exam that will contain a mix of short and long answer questions.

The exam will aim to assess the students' understanding of the Skeletal System, the Muscular System, the Respiratory System, the Cardiovascular System and the Energy System for Sports Performance. The exam will test understanding to determine the interrelationships between body systems for sports performance.

Frequency: Twice yearly

First window: May/June 2017

### Written exams

#### Set and marked by:

Pearson

#### What's involved?

Students draw on essential information to create written answers to practical questions in exam conditions.

#### What's the result?

Exams help to ensure that all students are consistently assessed. They help employers and higher education to trust that BTEC students come with the same consistent base of knowledge and skills.

## Tasks

Students demonstrate their skills and knowledge in a real-life scenario they are likely to encounter in the workplace. You decide when in a given window the assessments take place, helping to ensure they take place at the most convenient time.

### Tasks

#### Set and marked by:

Pearson

#### What's involved?

Tasks require students to demonstrate their skills and knowledge in a real-life scenario they are likely to encounter in the workplace. They provide students work-based challenges, where they are faced with realistic work conditions and time-based pressures.

**Unit 2: Fitness Training and Programming for Health, Sport and Well-Being,** students are assessed on their ability to interpret lifestyle factors and health screening data in order to develop and justify a fitness training programme and nutritional advice for a hypothetical scenario.

Students are presented with their scenario in part A and are then allocated 6-8 hours to research the data and prepare notes for the final assessment. During the final assessment, part B, students will be issued more supplementary information and will use this and their research to produce their final plan.

Frequency: Twice yearly

First window: May/June 2017



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# Tasks

Students demonstrate their skills in an encounter in the real world, helping to...

## Tasks

### Set and marked by:

Pearson

### What's involved?

Tasks require students to demonstrate their skills and knowledge in a real-world scenario they are faced with. They provide students with a practical, task-based challenge. They are faced with real-world conditions and pressures.

# Tasks

Students demonstrate their skills and knowledge in a real-life scenario they are likely to encounter in the workplace. You decide when in a given window the assessments take place, helping to ensure they take place at the most convenient time.

## Tasks

### Set and marked by:

Pearson

### What's involved?

Tasks require students to demonstrate their skills and knowledge in a real-life scenario they are likely to encounter in the workplace. They provide students work-based challenges, where they are faced with realistic work conditions and time-based pressures.

### Unit 2: Fitness Training and Programming for Health, Sport and Well-Being

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# Task

Rank order how you 're feeling about the content of the units using a 1-4 scale (1 being the best and 4 being your most concerned)

1. Anatomy and Physiology
  2. Fitness Training and Programming for Health, Sport and Well-being
  3. Professional Development in the Sports Industry
- OPTION
7. Practical Sports Performance

# Additional opportunities

NGB Certificates  
FA Skills – Football  
Rugby Ready  
England basketball  
Gym instructors  
Personal training  
Leisure management Experiences





Expectations

# Expectations

THEORY LESSONS - BE PREPARED!!

-Equipment, Homework, Timing,

-Homework will be issued to you so make sure it's completed and handed in on time!

-If you are away for period of time or failing to meet assignment deadlines, you will need to organise suitable Catch up - the emphasis is on you!

PRACTICAL LESSONS

-You will be told in advance when a practical lesson is planned and you will need to be prepared.

-We expect every lesson for your kit to be correct for the activity!

